



# Gillam Grant

## Community Center

Winter 2021

Thank you to all our donors and Annual Appeal supporters! Thank you for helping Gillam Grant continue the mission of serving our community.

### YOUTH RECREATION REGISTRATION BEGINS FEBRUARY 8TH

Let's get ready to PLAY AGAIN!!!!

Registration will open on-line at [gillamgrant.org](http://gillamgrant.org) for soccer and baseball!

#### SOCCER

(In-house league for Ages 3 to 11)

Little Kickers	Tues / Thurs	5/11/21-6/17/21
6 & Under	Mon / Wed	5/3/21-7/7/21
8 & Under	Mon / Wed	5/3/21-7/7/21
11 & Under	Mon / Wed	5/3/21-7/7/21

The age matrix guide can be found under the recreation tab at [gillamgrant.org](http://gillamgrant.org).

#### BASEBALL (May - July)

T-BALL	Tues / Thurs/Sat	Ages 4 - 6
T-Shirt	Tues / Thurs/Sat	Ages 7- 8
LL Minors	Tues / Thurs/Sat	Ages 9 - 10
LL Majors	Tues / Thurs/Sat	Ages 11 - 12

\* Details regarding age qualifications can be found under the recreation tab at [gillamgrant.org](http://gillamgrant.org).

### REGISTRATION DEADLINE IS FEBRUARY 26TH

**COACHES are needed at all age levels.** Contact Peggy Welch if you are interested in helping! Please email [Peggy@gillamgrant.org](mailto:Peggy@gillamgrant.org) or call 494-1621.



### St. Patrick's Day CAKE DECORATING for Adults Saturday, March 13th 6:00pm-8:30pm

This is a great evening out activity for friends in a safe environment. Join instructor Pam Johnson in a fun spirited cake decorating challenge. Learn techniques for piping, edging, and smoothing while sipping on your favorite beverage. (BYOB) The theme of the challenge is St. Patrick's Day. You will take home a sweet treat to share with your family. All supplies included. Cost: \$25.00



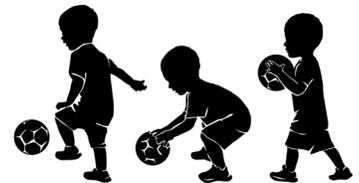
### KID'S CRAFT NIGHT March 12th - 6:30pm-8pm

It's a **FUN Friday** doing crafts and making art! The evening will include FOUR projects... Leprechaun Gnomes, Easter Bunny ceramics, acrylic painting on canvas and a fun crafty snack. Grades K-2 and Grades 3-6 Please register based on your grade level. All supplies included. Cost: \$18.00



### NEW *LITTLE KICKERS* SOCCER

Little Kickers is a program for pre-school aged children that are 3 and 4 years old. The program begins in May and ends in



June. The kids will have a blast with all new activities and programming that will get their feet moving! The new program will help kids learn to play, work together, and have fun! For more info visit [gillamgrant.org](http://gillamgrant.org)

## Senior COMMUNITY COACH TRANSPORTATION SERVICE

Gillam-Grant offers transportation for weekly grocery shopping. Bus reservation **MUST** be made by **NOON** the day before the scheduled trip. Call the center for details. Round trip - \$3 donation.

**TUESDAY WEEKLY TRIP** to Brockport /Wal-Mart / Wegman's / and more.



**WATCH FOR  
SUMMER  
DAYCAMP  
INFORMATION  
COMING  
SOON!!**



## Before & After School Program

The Kid Zone Program is a before & after-school program. The program runs week days from 6:30-8:45am and 3:30-

6:00pm. The program is coordinated to offer children in Pre-Kindergarten through 6<sup>th</sup> grade an environment of social, recreational, and instructional opportunity. Kids stay busy through a variety of activities in a safe and secure environment. Participants have the opportunity to:

- ® Create new things in the **Makerspace area**
- ® Discover new books in the **book corner**
- ® Explore technology with the **computer lab and smartboard**
- ® Enjoy time on the **outdoor playground**
- ® Relax **playing board or Wii games too.**
- ® Enjoy monthly **cooking projects**
- ® Play foosball and air hockey

**Bussing to school and center provided by BBCS.  
Healthy snacks provided before and afterschool.**

## LEGO BUILDING

Come on back to Gillam Grant and conquer the build challenge! It's fun to build with friends.

*Lego Build Club* • 3-6th grade  
*Jr. Lego Build Club* • K-2nd grade

**March 4 6-7:30pm**

**Build a Snowmobile:** There's a blizzard out there and all the roads are closed. Let's have fun in the snow!

**April 15 6-7:30pm**

**Build a Rocket Ship:** You are stuck on Mars and need to build a new ship to get you back to Earth.

Register by grade level as the groups will be split up accordingly. Limited space, so register quickly.

Fee: \$10.00 M / \$14.00 NM

## LEARNING CENTER TUTORING

Tutoring is available throughout the year to help students in Math, Science, ELA and more. Call for information and pricing.

## PROGRAM COORDINATOR WANTED

**GGCC is currently seeking a Program Coordinator to create, design, organize, and implement programs for the community. Part-Time position**

- Excellent communication skills
- Ability to work independently
- Experience with community education and programming
- Ability to work with Microsoft Suite, Social Media - high comfort level with technology.
- Event planning experience a plus
- Enjoys working with all age levels.
- Enthusiastic and fun with a great work ethic

### How to Apply:

**Send cover letter and resume to:** [Peggy@gillamgrant.org](mailto:Peggy@gillamgrant.org)  
Or mail to:  
Gillam-Grant Community Center  
Attn: Peggy Welch  
6966 W. Bergen Rd., Bergen NY 14416

To register for programs go to [gillamgrant.org](http://gillamgrant.org). If you need assistance, please call the office at 494-1621 Mon-Thurs between 9am and 4pm. Programs offered adhere to CDC, DOH, and NYS guidelines. All attendees will be health screened prior to entry to the building. Masks are required unless participant is sitting and social distanced. Fun activities have been carefully planned with the health and well being of your child as our highest priority.

## MARTIAL ARTS PROGRAM

Karate, a martial art, promotes physical fitness and gives improved coordination. It builds confidence and self esteem. The program includes conditioning exercises for stamina and strength. Karate promotes discipline and mental focus and is a fun activity for the whole family. Open to students ages 7 and older, teens and adults. Currently held at Gillam Grant. Supervised and instructed by Hanshi Cyndy Jones.  
**Spring Session Dates: April 3, 10, 17, 24, May 1, 8, 15, 22, 29, June 5th (10 week session / Saturdays)**

Class Name	Time	Fee M/NM
Beginner Class	12:00pm - 12:50pm	\$50/\$60
White/Yellow/Orange/Jr. Green	12:00pm - 12:50pm	\$50/\$60
Green/Brown/Blue	11:00am - 11:50am	\$50/\$60
Black Belts	10:00am - 10:50am	\$50/\$60
Kali (stick)	9:00am - 9:50am	\$50/\$60
Iaido (sword)	1:00pm - 1:50pm	\$50/\$60
Jeet Kune Do/Kung Fu	8:00am - 8:50am	\$50/\$60



**MAKE A POWER MOVE.**

PiYo combines the muscle-sculpting, core-strengthening benefits of Pilates with the strength and flexibility of yoga movements. You'll perform a series of high-intensity, low-impact moves that will work every single muscle. No weights. No jumps. Just hardcore results! Certified Instructor Shavaughn Bartz-Stefaniak. **PIYO IS TAKING A BREAK AND WILL RETURN IN THE FALL!**

## HIIT Cycling (High Intensity Interval Training)

Bursts of effort integrated with free weight segments and followed by recovery, these rides challenge the mind and strengthen your body inside and out. Expect a new class and a new playlist every time! Shavaughn Bartz-Stefaniak, Certified Instructor.

Session/Dates	Day	Time	Fee M/NM
Session 2: 2/23 -3/30	Tuesday	6:00pm - 6:45pm	\$38/\$48
Session 2: 2/25-4/1	Thursday	6:00pm - 6:45pm	\$38/\$48
Session 3: 4/13-5/18	Tuesday	6:00pm - 6:45pm	\$38/\$48
Session 3: 4/15-5/20	Thursday	6:00pm - 6:45pm	\$38/\$48
Session 4: 6/1-7/6	Tuesday	6:00pm - 6:45pm	\$38/\$48
Session 4: 6/3-7/8	Thursday	6:00pm - 6:45pm	\$38/\$48
Summer Session 7/20-7/17	Tuesday	6:00pm - 6:45pm	\$38/\$48
Summer Session 7/22-7/19	Thursday	6:00pm - 6:45pm	\$38/\$48

## Source of Strength Yoga and Meditation with Gina

More Positivity - Improved Mindfulness - Reignite Your Spark - Community & Support



This Yoga session series is perfectly balanced with Vinyasa Flow Yoga, meditation, and inspiration. This yoga is perfect for any caliber of yoga experience. The guided meditation will reduce and increase your mindfulness. And you will find your source of strength through positivity, peace, passion, and empowerment. Classes will help you develop simple and easy yoga and meditation skills you can use on and off the yoga mat. Certified Instructor: Gina Lathan, RYT1

**4 Week Session / 8 Classes / Monday and Wednesday: March 1, 3, 8, 10, 15, 17, 22, 24**

Time: 5:45 pm - 6:45 pm Member Price: \$48.00 / Non-Member: \$58.00

What to bring: Mat, Water, Towel (Blocks and Bolsters optional)

Register at [gillamgrant.org](http://gillamgrant.org).

# PRE-SCHOOL PROGRAM Registration Is NOW Open



## Early Pre-School (3-4 year olds) Pre-School+ (4- 5 year olds)

The Gillam-Grant Pre-School is a non-profit educational program for 3 and 4 year olds. The program was established over 30 years ago and has provided generations of students with their first learning experience. We offer both Early Pre-K for 3 year olds and

Pre-School+ for 4 year olds. Our focus is to provide a quality program that gives each student a strong start in school and life. We develop children's cognitive and social skills during circle time, games, projects, and learning centers. Gross and fine motor skills are developed with outdoor play, gym time, toys, puzzles, and music. Our program grows as your child grows. The Pre-School+ class is challenged with more advanced learning opportunities and experiences, setting the students up for success in Kindergarten.



Call 494-1621 for a Pre-School Registration Packet or download the forms from [GillamGrant.org](http://GillamGrant.org).

### Office Hours:

**Monday thru Thursday 9am - 4pm**

The main office is CLOSED on Fridays.

The Center is open for programming, however our doors remain closed for anyone not attending a program. If you need assistance please call, we are happy to help you. If you are at the Center and need assistance, please call the main office for staff to meet you at the door. Thank you for helping us maintain a safe environment.

6966 West Bergen Rd.  
Bergen, NY 14416

Non-Profit Organization  
U.S. Postage Paid  
Permit #17  
Brockport, NY 14420

# BOXHOLDER

## 3 Year Old Early Pre-K Program

This program is appropriate for children between the ages of 3 and 4 (must be 3 by 12/1/21). Children will begin their learning experience in a playful yet structured environment. Children will experience letter, number, and name recognition and formation. Students will have fun with music, story-time, and gym time! Students will learn through the context of play and be exposed to all the important basic skills which are paramount in setting the foundation for lifelong learning. This program runs September thru May. Tuesday, Wednesday, Thursday from 9:30-11:45am

## Pre-School+ Program

The 5-day a week program, appropriate for children 4 and 5 (Must be 4 by 12/1/21), is a kindergarten readiness program held Monday through Friday beginning in September and running through June. The program offers a morning session from 9:00 am to Noon. The children will develop listening, fine motor, visual and social skills through fun experiences. They will also have significant interaction with letters, numbers and sight words to get them ready for kindergarten. Physical activity and music are integrated into the program. The program works in conjunction with the Byron-Bergen School District Universal Pre-K program and follows the district school calendar.

## PRE-SCHOOL CAMP IS BACK

2021 Pre-School Summer Camp will be back! Ages 3-5. Camp will take place weekly in July! More details will be coming. We look forward to a FUN SUMMER 2021!!