



Gillam Grant Community Center

NEWSLETTER FALL 2022

GILLAMGRANT.ORG

Biltmore Estate 2022 & The Blue Ridge Mountains

Asheville, North Carolina

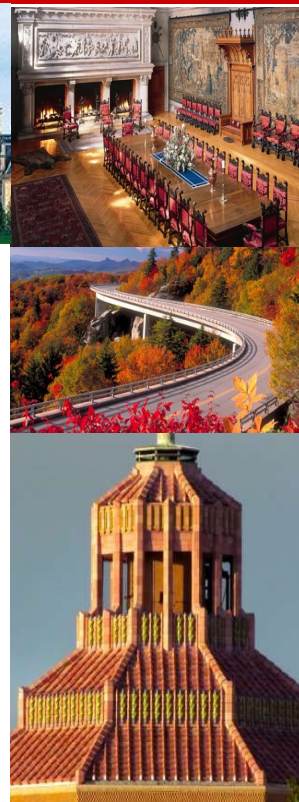
October 23 - 28, 2022

Visit the spectacular Biltmore Estate, America's largest privately owned home. Your visit will include the House and Gardens and the New Antler Village and Winery. Biltmore's new Village connects past and present, providing a relaxing place for dining, shopping, historical exhibits and new ways to experience Biltmore's hospitality. You will also enjoy a guided tour of Downtown Asheville which features Art Deco Architecture and you will see the Magnificent St. Lawrence Basilica. There will be a guided drive of the Scenic Blue Ridge Parkway, as well as, a visit to the famous Folk Art Center. 5 Nights lodging and 8 meals included. Register by coming in to the office during regular business hours or by calling 585-494-1621.

A minimum number of travelers is required by August 30th.

\$695 per person, double occupancy (add \$60 for non-members)

Full payment is due by August 30th.



POUR AND POUR PAINTING

Friday, October 28th

6:00 pm



Pour Painting has become super popular. When acrylic paints along with a pouring medium are used, amazing paintings can be the result! The acrylic pouring technique allows participants to apply color in puddles, pools and marble-like patterns. Pouring results in a smooth, glossy paint film that is perfectly even and blemish free. It is particularly popular with beginners as it allows artists to create paintings with dramatic, contemporary results. In this class you will have the opportunity to create your own masterpiece and **we will be using a new technique each class**. Class includes all materials including two canvases. Grab your friends for a FUN night out. Bring your own pour beverage! Adult Class. Register by October 21st. \$30 M / \$35 NM

CORNHOLE Tournament

**BBQ LUNCH
INCLUDED**

**PRIZES AWARDED
For Top Four TEAMS**

**Guaranteed THREE
games per team.**

**MUSIC, RAFFLES, and
FRIENDLY COMPETITION.**

**Grab some friends and have
some FUN!**

**2 Person
Teams**

SATURDAY, OCTOBER 15th

**at Gillam-Grant Community Center
6966 West Bergen Rd. Bergen NY 14416**

11:00 AM REGISTRATION - BAGS FLY at NOON

**\$60.00 PER TEAM (Adults 21+)
REGISTER ON-LINE AT GILLAMGRANT.ORG
OR CALL 494-1621**

**CASH BAR: BEER, WINE AND CIDER
Proceeds benefit Youth Recreation.**

Social Meals

Social Meals are home style lunches or dinners featuring a program or entertainment. The menu includes coffee, tea, water, or lemonade and dessert. Cost \$13 M / \$18 NM.

Monday, Sept. 12th 5:30pm

Entertainment: Dan Deluca Duo

Meatloaf, mashed potatoes, corn and dessert.

Register by September 7th.

Monday, October 3rd 5:30 pm

Entertainment: Warsaw Barbershop Chorus

Chicken and rice bake with broccoli and dessert. Register by Oct. 28th.

Monday, November 14th 5:30pm

Entertainment: TBD

Loaded Turkey Tetrazzini and dessert.

Register by November 9th.

Register at GillamGrant.org or call 494-1621.

This program made possible in part by a grant from the Genesee Senior Foundation Inc. with funds from the Rochester Area Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County.



AARP SAFE DRIVING CLASS

Thursday, October 20th 9:00am-3:30pm

Primary drivers can receive premium & point reduction off insurance. Bring your current AARP card. Bring a lunch, snack & drink.

Limited spots. Register by October 12th
\$35 AARP Members / \$40 Non-AARP Members
 Service fee included in cost.

LUNCH CLUB

Once a month go to a restaurant to enjoy lunch and socialize. Transportation leaves the Center at 11:30 am. Lunch is on your own. Fee: \$8M/\$10NM Registration is required. (**Note: Dec. lunch is on a Tuesday)

Date	Location
Mon. September 26, 2022	Charcoal Corral, Perry, NY
Mon. October 31, 2022	Rohrbach Brewing Co.
Mon. November 27, 2022	Mangia Mangia, Spencerport, NY
** Tuesday, December 13th	Philips European Restaurant



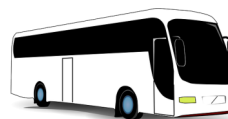
2023 Motorcoach Tours

Pigeon Forge and Smoky Mountains Show Trip

May 15-20, 2023 6 Days, 5 Nights

\$745* per person double occupancy

Trip includes: 6 shows, Guided tour of the Great Smoky Mountains National Park and free time in Historic Downtown Gatlinburg



Mackinac Island

September 11-16, 2023 6 Days, 5 Nights

\$675* per person double occupancy

Trip Includes: Tour of Mackinaw City, Carriage Tour of Mackinac Island, Boat Ride through the Soo Locks, gaming at Kewadin Sault Casino and more.

\$100 non-refundable deposit due at registration for each trip. * Additional \$60 per person for non-members.



FALL PAINT AND POUR CLASSES

Friday, September 23rd
6:00pm-8:00pm

Join instructor Angelina Brodie for a fun fall themed paint night! You will be painting with acrylics on 3 canvases. Bring your own beverage for a fun night out with friends! Adult Class. Fee: \$30M/\$35NM
Register by September 16th.



Friday, November 18th
6:00pm-8:00pm

This paint class with Angelina will feature a Watercolor Snowman. You will be painting on Watercolor paper using watercolor paints and paintbrushes in a variety of sizes. Bring your own beverage for a fun night out with friends! Adult Class. Register by November 11th.
Fee: \$30M/\$35NM



Holiday Laser Cut Wood Crafting for Adults

Monday, November 7
6:00pm-8:00pm

Using Laser Cut wood pieces and paint Kimberly Palmer will walk you through each step to create your own Whimsical Holiday Sign to display or give as a gift. All supplies are included. **Register by Oct. 31st. Cost: \$35M/ \$40NM**



Del Lago Outing, Tuesday, Sept 20th

Grab some friends for a fun day at Del Lago Casino. Shuttle transportation leaves the Center at 9:30am. Enjoy some playing time and lunch on your own. Shuttle departs at 3:00pm. \$20.00 M / \$25 NM Limited Seating.



Gillam Grant Membership makes a great gift!

Give your family and friends the opportunity to receive member discounts on their favorite programs. Year long memberships are offered for family, individual and senior levels.

Gift Certificates are also available for programs and activities.

Eldred World War 2 Museum, Sprague's Maple Farm, Cuba Cheese Shoppe

Tuesday, October 11th 8:00am-6:00pm

Take a trip with us to the World War II Museum in Eldred, PA. The 3 story museum provides people of all ages the opportunity to learn about the history of WWII and offers unique exhibits about the WWII era. The Eldred World War II Museum is home to several permanent displays.

Mitchell Paige Hall, named for Medal of Honor Recipient USMC Col. Mitchell Paige features many of Paige's war souvenirs and personal items including Paige's dress whites and Medal of Honor. The European and Pacific theaters are highlighted in multiple displays throughout the museum. Other highlights are a submarine display with an authentic World War II periscope, and the 'Tank Room', housing several uniforms changing based on the theme of each season.

Visitors can enter a life-sized European command post equipped with period communications equipment. Throughout the museum dioramas bring the conflict to life for visitors. A section on the Eastern Front details the conflict between Russia and Germany that would become the largest front of the war.

After visiting the museum we will stop at Sprague's Maple Farm for lunch. On our way home we will make a stop at the World Famous Cuba Cheese Shoppe.

Cost for the trip is \$40M/\$45NM. Lunch is on your own.
Register by October 4th. Seats are limited, register soon!



Kids Painting Classes with Local Artist Lorie Longhany Thursdays 3:30pm-5:00pm

September 22 & 29, October 6 & 13

This 4-week series of paint classes will be taught by local artist Lorie Longhany. Instruction will cover the color wheel, perspective drawing, watercolor and acrylic painting. Students will bring home fantastic creations, while learning about art fundamentals.

Students should bring an art smock or old t-shirt to each class to protect clothing. Grades: 4th-6th

4 Class Series Fee: \$48M / \$53 NM

Holiday Laser Cut Wood Crafting for Kids Wednesday, December 14th 3:30pm-5:00pm

Using Laser Cut wood pieces and paint Kimberly Palmer will walk you through each step to create your own Whimsical Holiday Sign to display or give as a gift. All supplies are included. Grades 2-6.

Register by Dec. 7th Fee: \$20M/ \$25NM



NAILED IT! Cake Challenge Halloween Theme

Saturday, October 22nd

Grades 2-6 9:00am-11:30am

Let's have some cake decorating FUN!

Join Pam Johnson in a fun spirited cake decorating challenge. Learn or perfect techniques for piping, edging, flower making, smoothing, and more.

Register by October 15th. Class fills quickly!

Fee: \$30M/\$35NM



Boo Bash at Gillam Grant!!!

Friday, October 14th 6:00pm - 8:30pm

Parents take a night off and send the kids to Gillam Grant for some Halloween Fun. There will be Halloween Theme Crafts and Games, as well as, a pizza dinner and Dirt Cup Graveyard Sundaes.



Grades: K thru 6th
\$25 per child / \$45 for 2 children

Kids Creative Painting Series

Thursdays 3:30pm-5:00pm

October 27, November 3, 10 & 17

This 4-week series of paint classes will be taught by different instructors bringing their unique talents to the classes. Each week will be a different unique painting technique, including string painting, pour painting and more. Students should bring an art smock or old t-shirt to each class to protect clothing. Grades: 3rd-6th

4 Class Series Fee: \$48M / \$53 NM

NEW AGE GROUP NAILED IT! Cake Challenge for TEENS

Halloween Theme

Saturday, October 22nd

12:30-3:00 - Grades 7-12

Let's have some cake decorating FUN!

Join Pam Johnson in a fun spirited cake decorating challenge. Learn or perfect techniques for piping, edging, flower making, smoothing, and more.

Register by October 15th. Class fills quickly!

Fee: \$30M/\$35NM



MUSIC LESSONS for ALL AGES

Piano - Guitar - Harp

Half hour lessons are offered on Mondays or Thursdays.

Instructed by Deborah Sorenson. Please call for availability. Cost is \$25M/\$27 NM per person, per lesson. \$45 for 2 siblings per lesson paid on a monthly basis.



KIDS CRAFT TIME

Does your child love to craft or be creative? Sign them up for one of the craft days below, right after school! Classes run 3:30 pm - 5:00 pm. Transportation from school is available. All supplies included. Grades K-6.

Date	Project	Cost M/NM
9/21/22	Sharpie Art Tile Coasters	\$15/\$20
10/12/22	Bean Mosaic Owl	\$15/\$20
11/9/22	Fall Tree Luminaries	\$15/\$20

2022-2023

Byron Bergen Sting Soccer

The Byron-Bergen Sting Travel Soccer Club has announced registration for the 2022-2023 travel season. Registration is available online at gillamgrant.org. Try-out dates, if necessary, will be announced by coaches. The Byron-Bergen Sting Soccer Club provides an opportunity for Boys and Girls from the ages of 8 to 17 to play competitive travel soccer with an emphasis on player development. Our club is affiliated with the Rochester District Youth Soccer League (RDYSL) and New York State West Youth Soccer Association (NYSWYSA). The travel club is open to all members of the community.

Registration is \$250 through September 30th, but will increase to \$300 starting October 1.

TUTORING

Tutoring is available throughout the year to help your student when classes get tough. Open 2:30 pm to 8:00 pm Monday thru Friday, by appointment only. Call 494-1621 and speak with Amy to register and schedule sessions. Cost dependent on needs.

2022 - 23 LEGO BUILDING CLUBS

Sr. Lego Club Grades 3 - 6 ● Jr. Lego Club Grades K - 2
Build a Lego creation using our blocks. Kids are challenged with a themed project each session. While applying creativity and engineering skills, participants have fun while mastering their project.

Cost: \$10M/\$13NM



Theme	Sr. Lego	Jr. Lego	Time
Build A Castle	Sept. 14	Sept. 28	3:30-5:00pm
Challenge Build	Oct. 5	Oct. 19	3:30-5:00pm
Transforming Creatures	Nov. 2	Nov. 16	3:30-5:00pm

Storytime

Wednesdays at 10:30 a.m.

Starting September 21st

Join Marilyn Pocock for story hour in the Community Room! Children will enjoy entertaining stories, activities, and a snack!

Appropriate for children ages 2+ with a parent/caregiver. No registration necessary, just drop in.



CHESS LESSONS

Tuesdays

**Sept. 20th –October 25th
3:30pm-5:00pm**

All abilities welcome. Larry Bradt, who has 15 years experience as an instructor and club leader will be teaching the class. Students will learn the basics of chess as well as strategies.

Grades 3rd thru 8th

6 Lesson Fee: \$38 M/ \$43 NM



KID ZONE Before & After School Program

The Kid Zone program runs week days from 6:30-8:45am and 2:30-6:00pm. The program is coordinated to offer children in Pre-Kindergarten through 6th grade an environment of social, recreational, and instructional opportunity. Kids stay busy through a variety of child-directed activities in a safe and secure environment. Students have the opportunities to: ®Create new things in our Makerspace area ®Discover new books in the book corner ®Enjoy monthly STEM

projects ®Explore technology with the computer lab and smartboard ®Enjoy time on the outdoor playground

®Relax playing board or Wii games too. Bussing to and from school is provided by BBBS. Parent handbooks and registration forms are available at gillamgrant.org.

MARTIAL ARTS PROGRAM

Saturdays - 10 Week Sessions

Karate, a martial art, promotes physical fitness and gives improved coordination. It builds confidence and self esteem. The program includes conditioning exercises for stamina and strength. Karate promotes discipline and mental focus and is a fun activity for the whole family. Open to students ages 5 and older, teens and adults. Held at Byron Bergen Elementary Gym. Instructed by Hanshi Cyndy Jones.

Fall Session Dates: 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12. ***Sessions 10/8 and 11/12 will be held at Gillam-Grant.**

Late Registrations accepted.

Class Name	Time	Fee M/NM
Beginner 5 & 6	11:00pm - 11:50am	\$55/\$65
White/Yellow/Orange/Jr. Green	11:00pm - 11:50am	\$55/\$65
Green/Brown/Blue	11:00am - 11:50am	\$50/\$65
Black Belts	10:00am - 10:50am	\$55/\$65
Kali (stick)	9:00am - 9:50am	\$55/\$65
Iaido (sword)	12:00pm - 12:50pm	\$55/\$65
Jeet Kune Do/Kung Fu	8:00am - 8:50am	\$55/\$65

YOGA is Back at The Center

VINYASA "FLOW" YOGA

**Wednesdays, September 21-October 26
(6 sessions) 6:00pm-7:00pm**

Join Instructor Hayley Stein for this gentle vinyasa practice that focuses on the breath. Class begins with meditation and then moves into a 40 minute, soft flow vinyasa practice. This consists of flowing movement in coordination with the breath. You will finish in savasana and reflect on the practice. Vinyasa yoga is great for beginners because the practice is very fluid, combining poses in sequences that focus on linking breath to movement. Participants should bring a yoga mat and water and are encouraged to bring any props that will help them deepen their practice. Register by September 19th
Fee: \$38M/\$48NM

HIIT Cycling (High Intensity Interval Training)

Bursts of effort integrated with free weight segments and followed by recovery, these rides challenge the mind and strengthen your body inside and out. Expect a new class and a new playlist every time!

Session/Dates	Day	Time	Fee M/NM
Fall Session 1: 8/23-9/27	Tuesday	6:00pm - 6:45pm	\$38/\$48
Fall Session 1: 8/25-9/29	Thursday	6:00pm - 6:45pm	\$38/\$48
Fall Session 2: 10/11-11/15	Tuesday	6:00pm - 6:45pm	\$38/\$48
Fall Session 2: 10/13-11/17	Thursday	6:00pm - 6:45pm	\$38/\$48

YOUTH RECREATION THANK YOU

Summer Youth Recreation Programs are made possible by volunteers and team sponsors. Thank you to OUR COACHES AND SPONSORS FOR SUPPORTING THE SUMMER YOUTH REC PROGRAM.



VOLUNTEERS

Chris Chapman
John Prospero
Bob Gartz
Brittany Kessler
Megan Fredendall
Bridget Eichenberger
Katie Keller
Ashley Liles
Megan Menzie
Chris Grimm
Nicole Dumbleton
Aaron Burch
Donald Maskell
Aaron Wild
Katie Rumble
Jon Flannery
Keith Moore
James Liles



SPONSORS

Ken Barrett Chevrolet Cadillac
State Street Animal Hospital
Viking Valhalla
Rose Garden Bowl
Liberty Pumps
Byron Hotel & Trail House
Corporate Flooring Innovations
Byron-Bergen Faculty Association
Cindy Favata- Howard Hanna R.E.
Dugan Lawncare
L-Brook Farms, LLC
Bergen Family Chiropractic
Pumpkin Hill Veterinary Clinic

When the red lights don't come...

It's easily taken for granted that when a 911 call goes in, a prompt response is made, and the red lights show up. Unlike the suggestion of the article title, the red lights will show up, but with diminishing members of your fire department, it becomes a question of when. Emergency response is one of the most vital services to a community, and when a family member has chest pain, a motorist is trapped in a vehicle, or a kitchen grease fire gets out of control; minutes seem like hours. They tick by as the fire hall awaits a crew. More tick by if the call gets passed to a neighboring department when a crew can't respond, and desperation mounts waiting for those red lights.



It's well known that volunteer organizations struggle with membership & retention of members. Often tasks, projects, and participation is shouldered by a few of the most dedicated. This isn't any different for our local fire department. As members hang up their fire gear to enjoy retirement it becomes a greater burden on a smaller group. In the case of the Bergen Fire Department, the responding group is shrinking considerably with the age of many escalating closer to the point of inactive status. Though the mission of every department is to respond to a call for help, in this case, we're making the call. We need the men and ladies of our community to jump in for one another.

Interests in community service organizations is much different today than it was for generations past and the volunteer agencies have suffered as a result. There's so many more events, activities, and things to do, with technology that guides everyone's interests. Yet none are as essential, and few as rewarding, as a commitment to emergency service. It obviously isn't for everyone, and we don't need everyone, but we need some. We need some Men and Ladies to drive the trucks, throw on the gear, provide medical care or direct traffic. Think you can't? Think again! We'll give you training and there is really something for anyone willing to respond.

In 2015, the National Volunteer Fire Council (NVFC) conducted research into volunteer recruitment and retention, seeking to better understand key attitudes and motivators of volunteers. Included in their survey was the question, "Is your local fire department seeking volunteers?", a whopping 80% of respondents didn't know. Now you know. If you've ever had an inkling of interest in serving your community, consider this plea and apply for membership to the Bergen Fire Department today to help the red lights show up.



Simply email recruit@bergenfd.org for further information.

Foodlink - abundance shared

Free Outdoor Food Distribution at Bergen Evangelical Presbyterian Church on Rte 19 - 4PM
August 18, September 22, October 20, and November 17 *No December food distribution.

Distributions will resume in Spring 2023. Please bring a cart or wagon for collecting and carrying your food items to your car. No Public Restrooms available at the church.

Everyone is welcome to attend all Foodlink Events.

Gillam-Grant is currently looking for a Social Supper cook. Please contact Amy Drake if you are interested.

DONATIONS NEEDED at GGCC

Wii game console and or games, cardboard paper towel rolls, soup beans any colors, 16 oz. glass mason jars, white 4x4 tiles, youth size tennis rackets, freestanding child size basketball hoop

We are always in need of **Volunteers** to help with social suppers, events, and more. Contact Amy if you are able to help.

Program Registration Policy Register online or by phone (494-1621) or in-person at Gillam-Grant Community Center. **Registration and payment with GGCC is required one week prior to the program**, unless otherwise indicated. *GGCC reserves the right to cancel programs for any reason including lack of participation. Decisions to cancel classes due to low enrollment are made one week prior to the start date. Gillam-Grant adheres to a no-refund policy unless otherwise indicated specific to a program. Gillam-Grant reserves the right to charge a \$40 returned check fee. From time to time, mistakes may be made in the printing of the newsletter. GGCC reserves the right to make changes as needed.*

THANK YOU LIBERTY PUMPS



A BIG thank you to Liberty Pumps for their volunteer efforts at Gillam-Grant on the UNITED WAY DAY OF CARING.

6966 West Bergen Rd.
Bergen, NY 14416

Non-Profit Organization
U.S. Postage Paid
Permit #17
Brockport, NY 14420

BOXHOLDER



**Summer
Daycamp
Visits
the ZOO!**

32nd ANNUAL GILLAM-GRANT GOLF TOURNAMENT

The 32nd Annual Golf Tournament was held on June 10th. Thank you to all the teams that came out to support the Gillam-Grant Community Center! We would also like to thank all of the donors and sponsors.

THE
KHARI SABB TEAM
Your Property, Our Priority

◆ **Daniel P. Ireland** ◆



Rob Chapman
585-494-6329



KIRCHER
CONSTRUCTION, INC.



**Mountain
Engineering, PLLC**



Thank you to the Golf Committee Volunteers: Mark Swanson, Rob Chapman, Brian Chupp, Amy Drake, Tara VanSkiver, Sue Pringle, John Prospero, and Khari Sabb. Also, our appreciation goes out to Bob Gartz, Shirley Wade, Nora Sands, Eileen Zilliox and Debbie Smith.

OFFICE HOURS: Monday thru Thursday 9am - 4pm

The office is closed on Fridays, but the Center is OPEN for any scheduled programs and activities.