

Community Center

NEWSLETTER SPRING 2025

35th ANNUAL GILLAM-GRANT GOLF TOURNAMENT June 20, 2025 - 11:00am Registration / 12:00 pm Scramble

At Terry Hills Golf Course





18 Holes of Golf with Cart Lunch and Buffet Dinner

GILLAMGRANT.ORG

<u>AWARDS</u> Champions Men • Women* • Mixed Longest Drive Men • Women Closest to the Pin Men • Women Anchor Award

Skins + Mulligans Goodie Bags / Raffle Prizes Games on the Greens

Registration Forms Available at GILLAMGRANT.ORG





The Gala Committee is diligently preparing for the upcoming Gillam-Grant Gala. Join us on August 23rd for an evening of community celebration, featuring music, dancing, live and silent auctions, and plenty of fun. For more details about the

Gala, including ways to support the event and sponsorship opportunities, please visit our website.



Social Meals

Social Meals are home style lunches or dinners featuring a program or entertainment. The menu includes coffee, tea, water, or lemonade and dessert. Cost \$15 M / \$20 NM

Monday, May 5th, 5:30pm

Meatloaf with braised cabbage and garlic potatoes and strawberry shortcake Entertainment: Jazz Standards with Bob Lancia and Friends

Monday, June 9th, 12:30pm

Hamburgers and Hotdogs with picnic salads and dessert

Entertainment: Bingo & Lawn Games

Meal served under the pavilion weather permitting

Register at Gillam Grant.org or call 494-1621. Registration and payment to GGCC is * goard required

*"This project is made possible with funds from the Statewide Community Regrant Program, a regrant program of the New York State Council on the Arts with the support of the office of the Governor and the New York State Legislature and administered by GO ART!"

**This program made possible in part by a grant from the Genesee Senior Foundation Inc. with funds from the Rochester Area Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County.



Macrame Spring Gnomes Wednesday, March 26th 1:00pm

You don't need any experience in macrame to make this easy beginner project. Choose different techniques to add character to your gnome. The instructor will take you through each step, so you will go home with a cute decoration to give as a gift or keep for yourself. All supplies included. Register by March 24th Fee: \$12M/\$15NM

Program Registration Policy Registration and payment with GGCC is required one week prior to the program, unless otherwise indicated. GGCC reserves the right to cancel programs for any reason including lack of participation. Gillam-Grant adheres to a no-refund policy unless otherwise indicated specific to a program. Gillam-Grant reserves the right to charge a \$40 returned check fee.

LUNCH CLUB

Once a month go to a restaurant to enjoy lunch and socialize. Transportation leaves the Center at 11:30 am. Lunch is on your own. Fee: \$11M/\$13NM Registration is required.

Date	Location
Tuesday, April 29th, 2025	Stone's Countryside Tavern, Churchville
Tuesday, May 27th, 2025	The Arlington Gastropub, Hilton
Tuesday, June 10th, 2025	Genesee Brew House, Rochester

AARP SAFE DRIVING CLASS Tuesday, April 1st 9:00am-3:30pm

Primary drivers can receive premium & point reduction off insurance. Bring current AARP card.
Bring a lunch, snack & drink. Limited spots.
\$35 AARP Members / \$40 Non-AARP Members Service fee included in cost.

Spring Pour Painting for Seniors

Tuesday, May 20th- 10:30am Join us for this fun pour painting class where you will pour over a Flower Pot onto a



canvas. Then you will move the paint around on the canvas to create a beautiful pour painting to match your Flower Pot. You will go home with a unique planter for your flowers and a matching pour painting to go on your wall. No experience needed for this



painting style. Registration due May 13th. Fee: \$5M/\$7NM

CONTAINER GARDENING**

Thursday, May 29th 1:00pm With Jane Grehlinger from Cornell Cooperative Extension

Bring some friends and have a planting party! We will have pots and an array of plants and soil available for potting! A

volunteer from Cornell Cooperative Extension will join us to share her expertise in Container Gardening.

This program is free for seniors over 60. Pre-Registration is required by May 22nd.



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Intermediate Ukulele Classes * goft

Mondays 10:30am-11:15am This is an 8 week session being offered at the 6 Week Session Price

Instructor: Dan DeLuca This is an intermediate level class and recommended for student's with Ukulele experience. Music is provided by instructor. Register early as class size is limited. Class Dates:

April 28, May 5, 12, 19, June 2, 9, 16 & 23 Fee: \$42 M/ \$52 NM



Beginner Ukulele Classes **FREE 4 Week Session** * 90/111 Mondays 9:30am-10:15am

This class is for new students only.

This is a great opportunity to learn ukulele skills, play songs, and enjoy the music-making process. With a little bit of effort, anyone can learn to play the ukulele. Ukuleles and music are provided for every class.

Registration is required. Limited Class Size Class Dates: April 28, May 5, 12 & 19.



Adult Make and Take **RED WHITE AND** BLUE DOORMAT Saturday, April 26th 10:00am

Spruce up your front porch with this "make and take" doormat project for adults. We provide the blank doormat, stencils and paint and the instructor will give you step by step instructions to create a red, white

> and blue doormat. (pictures for ideas) Fee: \$26M / \$31NM Register by April 19th



POUR PAINTING Friday, May 16th 6:00pm - 9:00pm



FUNCTIONAL ART NIGHT!

Pour Painting has become super popular. When acrylic paints along with a pouring medium are used, amazing paintings can be the result! We use a new technique each class. This class will focus on a strainer/cup pour on a wood base. The base may be used to make a lazy Susan, serving tray, accent piece or wall hanging. Grab your friends for a FUN night out. Bring your own snacks and beverages. Adult Class. Registration due one week prior to class. Fee: \$38M / \$43NM

Del Lago Casino Outings Thursday, April 17th Thursday, June 5th



Grab some friends for a fun day at Del Lago Casino. Shuttle transportation leaves the Center at 9:30am. Enjoy some playing time and lunch on your own. Limited seating. Shuttle departs casino at 3:00pm. Fee: \$20M / \$25NM

CONCRETE LEAF BIRD BATH

Wednesday, June 4th - 6:00 to 7:30 PM

Creating a concrete leaf shaped bird bath is not just a fun and artistic endeavor, but it also offers numerous captivating benefits for both birds and your garden. These creations can be of many sizes, from smaller to very large depending on the leaf you choose. We will provide the instruction and materials for this project. So, come dive into this exciting project and fashion a DIY concrete leaf shaped bird bath that will truly elevate your outdoor sanctuary. Takes place under the pavilion. Bring a pair of rubber kitchen gloves. Instructed by Peggy. Adults 18+ Fee: M \$45 / NM \$50



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VISIT GILLAMGRANT.ORG TO REGISTER - FOR INFORMATION CALL 585-494-1621

ADULT PROGRAMS

(585) 494-1621

Spend a day at Braddock Bay! Wednesday, May 21st 9:00am



Join Gillam Grant for a trip to Braddock Bay on the Lake Ontario Shoreline. Our day will include a visit to the Braddock Bay Bird Observatory where we will accompany trained volunteers to the nets to see how they safely catch birds, and then watch the banding process. Experienced banders will identify, band, age, measure, and release each bird. After we will enjoy lunch at the Braddock Bay Tavern & Grill and stop for a sweet treat at Abbott's Ice Cream. **Lunch**

and Ice Cream is on your own.

Trip fee includes shuttle transportation and donation to observatory. Some walking involved, ask Amy for more information. ELENT PIET

TAKE ME OUT TO THE BALL GAME!!



Rochester Red Wings vs. Worcester Red Sox

Wednesday, July 9th Game Time: 1:05 PM

Shuttle Bus Departs: 11:30 AM

Join us for an exciting day at the ballpark as the **Red Wings**, the Washington Nationals' Triple-A affiliate, take on the **WooSox**, the Boston Red Sox's Triple-A affiliate! Experience the thrill of the game, the crack of the bat, and the roar of the crowd. Plus, enjoy

delicious ballpark favorites from the many concession stands.

Fee: \$25M / \$30NM Register by June 30th

Your fee includes: Game ticket, \$10 In-Stadium credit to be used at the concession stands or the team store, and Round-

trip transportation. Don't miss out on this fun-filled day of baseball!! Limited seating, reserve your tickets today.

Fee: \$25 M/ \$30 NM Register by May 14th



Broadway Musicals at the Merry Go Round Playhouse

The Gillam Grant Shuttle will leave Gillam Grant at 10:00am. We will stop for lunch at Parker's Grill and Taphouse in Auburn. After lunch we will continue on to the Merry Go Round Playhouse for a 2:00 show presented by the Rev Theatre Co. We will arrive home at approximately 6:30pm. Fee: \$118M/\$123NM **per trip** includes Theater Ticket and transportation. Lunch is on your own.



Tuesday, June 17th

This beloved rock opera is set against the backdrop of an extraordinary and universally known series of events, but seen through the eyes of Judas Iscariot. Loosely based on the Gospels of Matthew, Mark, Luke and John, JESUS CHRIST SUPERSTAR follows the last week of Jesus Christ's life. With a soaring and spectacular soundtrack by the legendary team of Andrew Lloyd Webber and Tim Rice, the show continues to thrill audiences. Register early as seats are limited.

Wednesday, July 16th

Step right up and enter the dazzling world of P. T. Barnum, the Greatest Showman on Earth! Combining the razzle-dazzle of Broadway with the magic of the circus, BARNUM tracks the rise of Phineas Taylor Barnum as he and his wife, Charity, create "the greatest show on earth." Joyful, hilarious, and heartfelt, BARNUM is a Tony Award winning musical for audiences of all ages. A minimum number of travelers is required by April 1st to secure this trip.

Tuesday, September 30th Two small town kids from the middle of nowhere, craving recognition and escape, decided to "raise a little heck" and became two of the biggest American folk heroes. Fearless, shameless, and never afraid to get their hands dirty, BONNNIE & CLYDE's true crime story of love and adventure counts down the moments until their fateful end. A minimum number of travelers is required by June 1st to secure this trip.



Chair Yoga WEDNESDAY MORNINGS

Wednesday mornings join Tammy Reding, Certified Yoga Instructor. Chair yoga brings all the physical and mental benefits of traditional yoga without having to get on the floor. You will twist and bend in the chairs while breathing mindfully . You will leave feeling stretched and relaxed.

Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 3/12/24-4/23/25	Wednesday	9:30am-10:30am	\$42/\$52
Spring Session 2: 4/30/25-6/4/25	Wednesday	9:30am-10:30am	\$42/\$52

VINYASA "FLOW" YOGA Wednesday Evenings

This gentle vinyasa practice focuses on the breath. Class begins with meditation then moves into a 40 minute, soft flow vinyasa practice which consists of flowing movement in coordination with the breath. You will finish in savasana and reflect on the practice. Vinyasa yoga is great for beginners. Participants bring a yoga mat and water and are can bring any props that will help them deepen their practice.

Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 3/26/25-4/30/25	Wednesday	6:00pm -7:00pm	\$42/\$52
Spring Session 2: 5/7/25-6/11/25	Wednesday	6:00pm- 7:00pm	\$42/\$52

HIIT Cycling (High Intensity Interval Training)

Bursts of effort integrated with free weight segments and followed by recovery, these rides challenge the mind and strengthen your body inside and out. Expect a new class and a new playlist every time!

Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 3/18/25-4/22/25	Tuesday	6:00pm - 6:45pm	\$42/\$52
Spring Session 1: 3/13/25-4/17/25	Thursday	6:00pm - 6:45pm	\$42/\$52
Spring Session 2: 4/29/25-6/3/25	Tuesday	6:00pm - 6:45pm	\$42/\$52
Spring Session 2: 4/24/25-5/29/25	Thursday	6:00pm - 6:45pm	\$42/\$52

WALK-IN FITNESS \$10M/\$12NM PER CLASS AVAILABLE ONCE CLASS MINIMUMS ARE MET

TAI CHI QUAN TUESDAY MORNINGS



Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 3/25/25-4/29/25	Tuesday	9:30am-10:30am	\$42/\$52
Spring Session 2: 5/13/25-6/17/25	Tuesday	9:30am-10:30am	\$42/\$52

MARTIAL ARTS PROGRAM

Saturdays - 10 Week Session

Karate, a martial art, promotes physical fitness and gives improved coordination, builds confidence and self esteem. Karate promotes discipline and mental focus and is a fun activity for the whole family. Open to all ages 5 through adults. Held at Byron-Bergen Elementary Gym. Instructed by Hanshi Cyndy Jones.

Spring Session Dates: Saturdays-February 22, March 1, 8, 15, 22, 29, April 5, 12, 26, May 3 Late Registrations accorted

Late Registrations accepted.

Class Name	Time	Fee M/NM
Beginner 5 & 6	11:00am - 11:50am	\$60/\$70
White/Yellow/Orange/Jr. Green	11:00am - 11:50am	\$60/\$70
Green/Brown/Blue	11:00am - 11:50am	\$60/\$70
Black Belts	10:00am - 10:50am	\$60/\$70

The classes below are complete programs independent of Karate. Karate experience is not required to participate in these programs.

Kali (stick)—uses many different weapons, most notably bamboo sticks. Ages 12 and Up	9:00am - 9:50am	\$60/\$70
laido (sword)—It is taught with a bokken (wooden sword) at the beginner level and a Katana (specially made laido sword) for more advanced students. Ages 10 and up	12:00pm - 12:50pm	\$60/\$70
JKD/Kung Fu—features kicking, punching, trapping, grappling, flow sparring, and is based on principles made popular by Bruce Lee. Ages 7 and up	8:00am - 8:50am	\$60/\$70

YOUTH PROGRAMS



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Nailed It! Cake Challenge Saturday, May 3rd Grades 3-8 9:00am-11:30am



9:00am-11:30am Let's have a buzzing good time with Pam Johnson as she teaches you how to create a cute Bumblebee Cake. Learn or

perfect techniques for piping, edging, smoothing, and more. **Register by April 28th. Class fills quickly!** Fee: \$36M/\$41NM

Paint With Lorie-*I Love My Truck* Tuesday, May 13th 3:30-5:00 pm Grades 3-8

Let's paint a pickup truck and celebrate Spring with local Artist Lorie Longhany. She will walk the students through the process of painting a cute



spring truck learning art fundamentals along the way. Register by May 9th Fee: \$21M/\$26NM



Teddy Bear Workshop and Brunch~Family Activity Saturday, May 10th 10:00am-12:00pm Register by April 23rd No Late Registrations will be taken!

Join us for a Teddy Bear Workshop and then enjoy brunch with your new friend. Each child will build their own Teddy Bear. Their Furry Friend kit includes fiberfill stuffing, a wish star, a birth certificate and a buddy bag! This is a fun activity for Mother's Day or give mom the day off to spoil herself.

Fee: \$30M/ \$35 NM. Price includes 1 Teddy Bear Kit and brunch for 1 child and 1 adult. Each additional child with a paid adult \$20 (includes Teddy Bear Kit and brunch) Must choose Bear at time of registration. Supply is limited. For children ages 3 and Up with a parent.



Color Splash Teddy



Kids Pour Painting Flower Pot Windchimes Thursday, May 22nd 3:30pm-5:00pm

Grades K-4



Pour Painting is so much FUN! Pour painting is a fun creative painting method that gives you an amazing and different

art piece each time you create. In this class we will be pouring over a terra cotta pot and then stringing



* goart!

beads to create a windchime. This is a fun multi media art project for kids of all skill level. Art pieces can be picked up when dry. Register by May 15th.Fee: \$25M/\$30NM

Cookie Decorating Farm Animals Saturday, May 31st 9:00am-11:00am Grades 3 and up Adults are welcome to Register!



Learn the easy technique of wet on wet to make impressive royal iced cookies. You will learn how to pipe cookies, do wet on wet details and how to apply royal iced transfers. Students will have beautifully decorated, great tasting cookies to share with family! Instructor: Tracy from Thee Byron Bakehouse. Register by May 24th Fee: \$36M/\$41M



Garden Stepping Stone Tuesday, June 3rd 3:30pm-5:00pm Grades 2-6

Make a beautiful stepping stone using concrete, mosaic tiles and glass pieces. We will show you how to create a fun design, as well as, mix the concrete and pour it into the mold. With a little work and creativity you will have a fun piece to display in your garden. Fee: \$22M/\$27NM

STORY TIME



Wednesday Mornings 10:30 a.m. Join Marilyn Pocock for a story, craft project and snack. No registration necessary.

(585) 494-1621

Date Night Drop Off "Lego Fun"

Friday, May 30th - 6:00pm-8:30pm

Parents take the night off and send the kids to Gillam Grant for a fun night building and playing games. Pizza & chicken finger dinner with dessert included.

Grades K-6 Register by May 23rd.

\$35 per child/\$5 discount for each additional child.

LEGO BUILDING CLUB 3:30pm-5:00pm Sr. Lego Club Grades 3 - 6 & Jr. Lego Club Grades K - 2 Build a Lego creation using our blocks. Kids are challenged with a themed project each session.

Fee: \$13M/\$16NM

Theme	Sr. Lego	Jr. Lego
Treehouses	April 9	April 30
Make & Take Birdfeeders	May 6	May 14

KIDS CRAFT TIME Grades K-6

Does your child love to craft or be creative? Sign them up for one of the craft days below, right after school! Classes run 3:30 pm - 5:00 pm. Transportation from school is available. All supplies included. Fee: \$16M/\$21NM

FIRST LEGO LEAGU

On January 24th the Gillam Grant First Lego League (FLL) Team "Leaky Submarines" competed in the Genesee Valley FLL qualifier in LeRoy. This young team with six returning members and four new members won the **Robot Challenge Award and the Robot Design Award** bringing home two new trophies for our trophy case. The team finished in the top three overall out of 14 teams from the GLOW region. Congratulations to the team and their coaches for all the hard work they put into the season. Team Members: Sam Bird, Evan Coolidge, Chase Richardson, Molly Yerdon, Joel Deleo, Grant Kuipers, Owen McAllister, Lauren Mundell, Damon Leach and Austin Smart

Coaches: Vicki Kuipers, Chris Deleo, Les Kuipers and Stacey Yerdon.

Watch for the 2025-2026 season registration to come out in June.

TUTORING

Date	Project	Currently offering tutoring in Math (grades 7-12),
April 23	Rainbow Clouds	Biology, Chemistry and Elementary grades. Open 2:30 pm to 8:00 pm Monday thru Friday, by appointment
May 8th	Button Art	only. Call 494-1621 and speak with Amy to register and
June 11th	Up, Up and Away	schedule sessions. Cost Dependent on needs.



2025-26 KID ZONE BEFORE & AFTER SCHOOL PROGRAM

The Kid Zone program runs weekdays from 6:30-8:45am and 3:30-6:00pm. The program is coordinated to offer children in Pre-Kindergarten through 6th grade an environment of social, recreational, and instructional opportunity. Kids stay busy through a variety of child-directed activities in a safe and secure environment. Students have the opportunity to: ®Create new things in our Makerspace area. "Discover new books in the book corner. "Enjoy STEM projects. "Explore technology with the computer lab and smartboard. [®]Enjoy time on the outdoor playground. [®]Relax playing board or Wii games. Bussing to and from school is provided by BBCS. Parent handbooks and registration forms are available at

gillamgrant.org.

SWIM LESSONS

March 22, 29, April 5, 26, May 3, 10, 17 7 Week Session Fee: \$80 M/ \$90 NM Limited spots are available. Please call the Center for more information. 585-494-1621 Monday-Thursday 9:00am-4:00pm

(585) 494-1621

PRE-SCHOOL PROGRAM Registration is now OPEN Early Pre-School (3-4 year olds) Pre-School+ (4- 5 year olds)

The Gillam-Grant Pre-School is a non-profit educational program for 3 and 4 year old's. We offer both Early Pre-K for 3 year old's and Pre-School+ for 4 year old's. Our focus is to provide a quality program that gives each student a strong start in school & life. Our program grows as your child grows. The Pre-School+ class is challenged with more advanced learning opportunities & experiences, setting the students up for success in Kindergarten. More information is available at gillamgrant.org. 6966 West Bergen Rd. Bergen, NY 14416 Non-Profit Organization U.S. Postage Paid Permit #17 Brockport, NY 14420

BOXHOLDER

GILLAM-GRANT OFFICE HOURS MONDAY-THURSDAY 9:00AM-4:00PM

SUMMER DAY CAMP

Week 1 JULY 7-11 Week 2 JULY 14-18 Week 3 JULY 21-25 Week 4 JULY 28-AUG 1 Week 5 AUGUST 4-8 Week 6 AUGUST 11-15 WILD WIZARDS UP, UP AND AWAY SPACING OUT BEACH BUMMING GOIN' ON A LION HUNT ADVENTURES UNLIMITED Monday Thru Friday 9:00am to 3:00pm Grades K-6

Before & Afte	r Camp Chill
Time is av	vailable.

PRE-SCHOOL DAY CAMP

JULY 7-11	UP, UP AND AWAY
JULY 14-18	CIRCUS
JULY 21-25	SAFARI
JULY 28-AUG 1	A DAY AT THE BEACH
AUG 4-8	DINOSAURS

Registration opens March 24th. REGISTRATION DEADLINE IS APRIL 25TH.

Registration after this date is possible, if we have space available. Our program will be designed to accommodate the registrations completed by April 26th.

Ages 3-5 9:00am - Noon / Monday - Friday Each Pre-School Camp week revolves around a theme while providing a fun and educational experience.

VISIT GILLAMGRANT.ORG TO REGISTER - FOR INFORMATION CALL 585-494-1621